



## **Cosmetic Tattoo PreConsultation**

**Please reply with answers to the following questions asap to ensure candidacy for this procedure:**

Answers may be texted or emailed

1. List **ALL** medications you are on, you **must** include vitamins and supplements.
2. List **ALL** health conditions. IE: fever blisters, high blood pressure.
3. Have you had any previous tattooing done to the area?  
(microblading is a tattoo. If the color lasted more than 2 weeks on your skin it was probably a tattoo )
4. Have you ever experienced keloid scarring?
5. Do you have any of the following allergies: nickel, lidocaine, epinephrine, tetracaine, benzocaine?

**Please wear your brows/eyeliner (whichever is applicable to the procedure in question) the way you like them to your appointment.**

**Please review all of the following information**



## Semi-Permanent Makeup Pre Care Instructions

Thank you for choosing RAD beauty for your permanent makeup experience.

Please make sure you read the following instructions to assure the best results for your procedure.

It is very important to refrain from all alcohol, aspirin, or aspirin products at least **7 days prior**.

Discontinue use of ANY lash growth serums **4 weeks prior** and **4 weeks after** your procedure (applies to eyeliner only)

Please refrain from Ibuprofen and Aleve for **24 hours prior** to your appointment.

Please avoid energy drinks & coffee for up to **24 hours prior** to your appointment.

The only product for aches and pain that will not make you bleed is Tylenol.

Also refrain from Vitamin E and fish oil capsules for **7 days prior** to your application.

ALL of these make you bleed excessively. Excessive bleeding during the procedure will negatively affect the longevity of your semi-permanent makeup application by pushing pigment out of the skin. In some cases, the procedure will need to be prematurely stopped.

No botox **3 weeks before**. Botox can be done immediately after

No chemical peels **60 days before** or **after** procedure

No retinols or anti-aging serums or creams on the area

No Accutane **2 months** before procedure

-must not have any open lesions, acne or sunburn on the area

Thank you again and we look forward to seeing you. You're one step away from having beautiful permanent makeup you will wake up with everyday!!!



## Aftercare

Aftercare is **EXTREMELEY** important and will determine the outcome of your procedure.

### IMMEDIATELY FOLLOWING TREATMENT

Blot the area every few minutes for the first 2-3 hours.

#### Days 1-3

-gently clean the area every morning and evening with a fragrance-free antibacterial soap using your fingers. **Pat** dry with a clean paper towel and follow with a small amount of ointment.

-keep area completely dry besides when you are washing them or applying ointment.

**AVOID PLACING YOUR FACE UNDER RUNNING WATER IN THE SHOWER.**

#### Days 4-7

-Clean the area once per day and apply a thin layer of ointment.

- keep area completely dry besides when you are washing them or applying ointment.

-if your skin is oily dry healing is recommended so allow the skin to heal naturally.

-if your skin is dry continue using a small amount of ointment on the area when it feels itchy or dry.

### GENERAL AFTERCARE INSTRUCTIONS:

- Avoid heavy sweating and exercise for **5-7 days**

- Avoid any treatments involving touching the areas for **10 days**

- Avoid the sauna, steam room and swimming in the ocean or swimming pool for **10 days**

- Avoid using makeup on the areas for at least **7 days**

- No other ointments other than provided ointment should be used for **7 days**

- Sunbathing and tanning beds should be avoided for **10 days**

-Avoid water except during initial cleaning. Showers should be kept short to avoid steam.

**-DO NO PICK THE SCABS. This could cause scarring and pigment loss.**